

Seminar tirsdag 6. januar 2004

Velkommen til presentasjon av en ny rapport fra senter for medisinsk metodevurdering ved SINTEF Unimed. Rapporten er utarbeidet i samarbeid med norske eksperter innen odontologi. Grunnlaget for rapporten er en systematisk innhenting og kvalitetsvurdering av publisert vitenskapelig dokumentasjon.

Sentrale spørsmål vil være:

- Britiske rapporter og retningslinjer har konkludert med at visdomstänner som er friske ikke skal fjernes. Kan disse rapportene / retningslinjene overføres til norske forhold?
- Hvordan er praksis i Norge?
- Bør asymptotiske visdomstänner fjernes?
- Når bør visdomstänner fjernes?
- Hvilke økonomiske konsekvenser har behandlingen for pasienter, deres arbeidssted og helsevesenet?

Vi inviterer med dette fageksperten, beslutningstakere innen politikk, forvaltning og klinikks, og andre interesserte til fagseminar.

Vel møtt!

Program

1200-1205	Åpning: Berit Mørland, direktør, SMM
1205-1230	Innledning og bakgrunn ved Trond Inge Berge
1230-1240	Arbeidsmetode ved Ellen Nilsen
1240-1330	Den vitenskapelige dokumentasjonen v/ekspertgruppen: Resultater fra de britiske rapportene/retningslinjene Presentasjon av SMMs rapport. Hva finnes av evidens. Norsk praksis og resultater fra norske/skandinaviske studier Etiske vurderinger
1330-1345	Pause
13.45-14.00	Helseøkonomi v/ Kristin Linnestad
14.00-14.20	Evidensbasert odontologi og kliniske retningslinjer v/ professor dr. odont. Asbjørn Jokstad, Institutt for klinisk odontologi, UiO
14.20-15:00	Diskusjon og oppsummering v/Trond Inge Berge

Ekspertgruppen:

Faglig leder: Professor Trond Inge Berge, Odontologisk Institutt, Bergen
Professor Lisen Vivienne Espeland, Odontologisk Fakultet, Oslo
Førsteamanuensis Kristin Klock, Odontologisk Institutt, Bergen
Universitetslektor Anders Ragne, Odontologisk Fakultet, Oslo
Prosjektkoordinator: Forsker Dr. philos. Ellen Nilsen, SMM

Tid:

Tirsdag 6. januar 2004 kl. 12: 00-15:00

Seminaret er gratis. Påmelding innen 19.desember 2003 til
kari.waitz@sintef.no, eller tlf. 22 06 73 31

Sted: Møterom 7, Biblioteket, SINTEF Unimed, Forskningsveien 1

Senter for Medisinsk metodevurdering (SMM)

SINTEF Unimed

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Faks:22 06 79 79

E-post:smm@unimed.sintef.no

Internett:www.sintef.no/smm

Evidens-basert odontologi

...og kliniske retningslinjer

*Asbjørn Jokstad
Institutt for klinisk odontologi
Universitetet i Oslo*



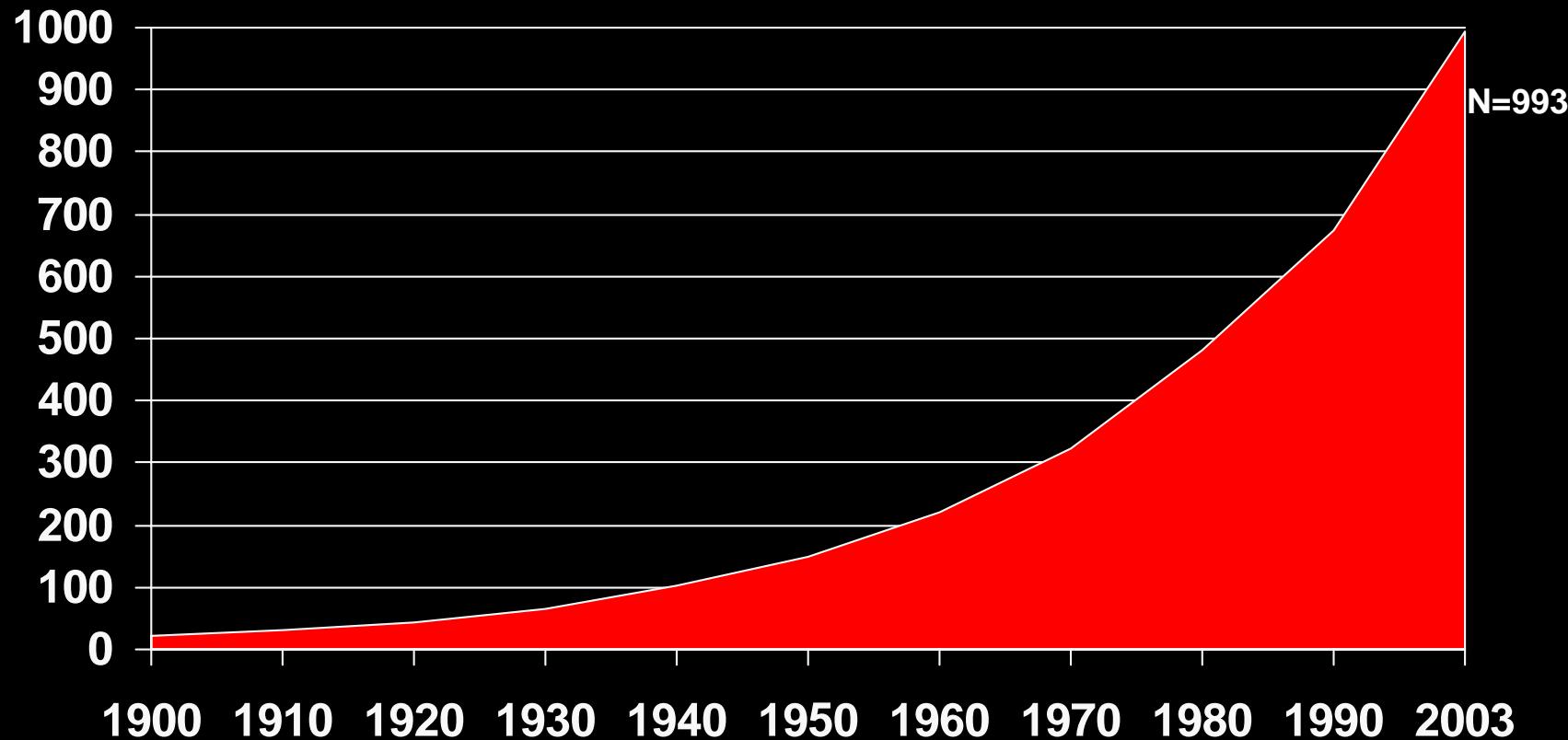
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biomedisin - inkludert i odontologi

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og
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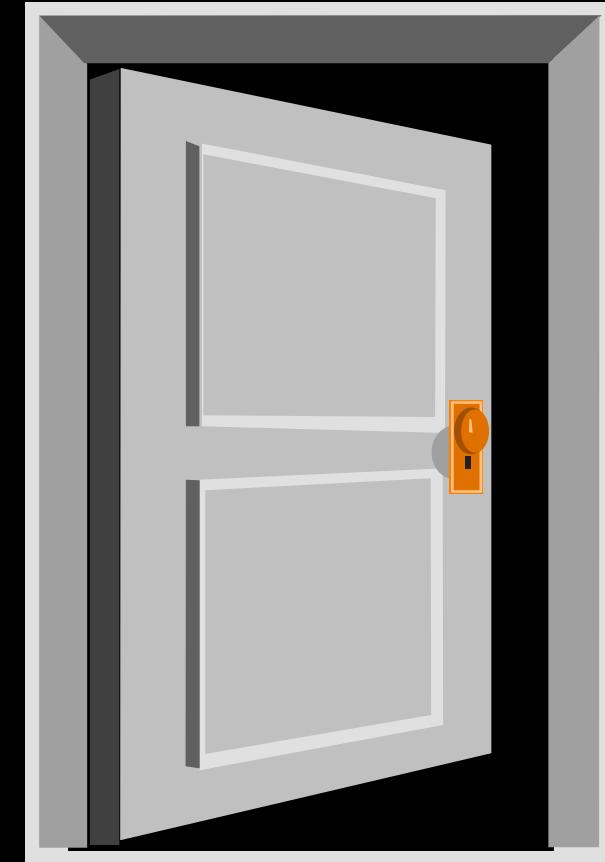
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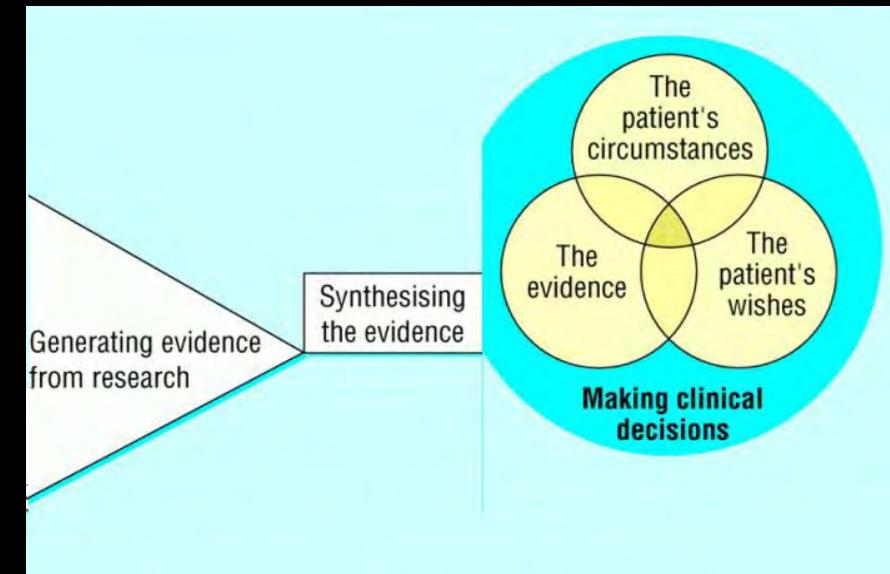


Evidens basert medisin :
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forandringer . . .
. . . uten at vi noengang får
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1. Lære selv hvordan evidens-basert odontologi utføres

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ICEPH Illuminating Oral Health Care

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Developing Evidence-based Dentistry

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Grupo de Odontología Basada en la Evidencia

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Bienvenido a la primera página en Español acerca de *Odontología Basada en la Evidencia*. Esta página está en permanente construcción y te invitamos a colaborar en ella y unirte al Grupo de Odontología Basada en la Evidencia.

Clínica de Odontología Infantil Servicio de Tratamiento Infanti Universidad de Valparaíso Práctica de Odontología - Virgen del Rosario Separación Tel: +56 31 260 00 000 Web desarrollado por Sergio Uribe, CH Creado en Junio del 2000 Última actualización 2 de Abril del 2001. Unirme suscribirme a Los Principios del odontólogo HONORIS DE LA FUNDACIÓN

Nosotros suscribirnos a Los Principios del odontólogo HONORIS DE LA FUNDACIÓN

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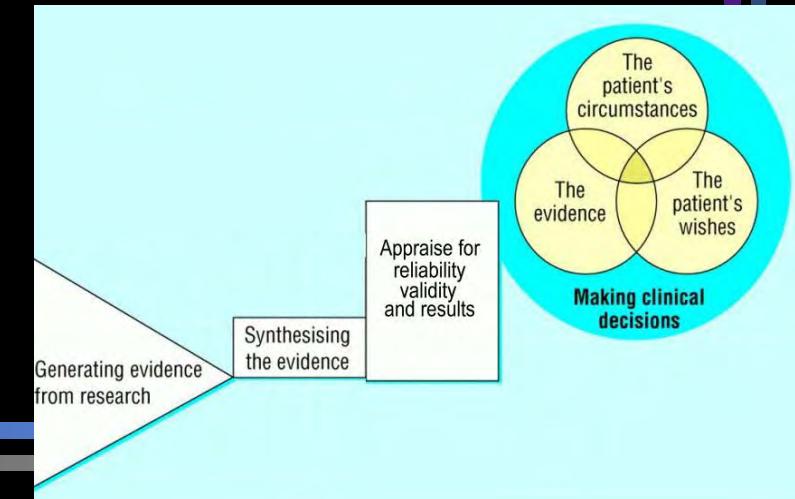
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WHAT'S NEW-ANNOUNCEMENTS

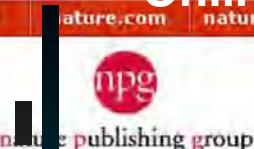
-The First Annual Membership Meeting of the ISEBD will take place on November 6 and 7,

Hvordan utøve evidens-basert praksis?

1. Lære selv evidens-basert odontologi
2. Søke og anvende evidens-baserte sammendrag utarbeidet av andre.
 1. Fagtidsskrift som kritisk evaluerer primærstudier
 2. Systematiske oversikter
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Niederman R., Chen L., Mu

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Michael G. Newman, DDS, Cynthia L. Baudendistel

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A new perspective...Two steps back: Integration of the evidence-based method in a general practice residency program
Elliot Abt, DDS, MS

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Evidence-based information is not a conspiracy to limit insurance benefits

Matthew A. Johnson, DDS

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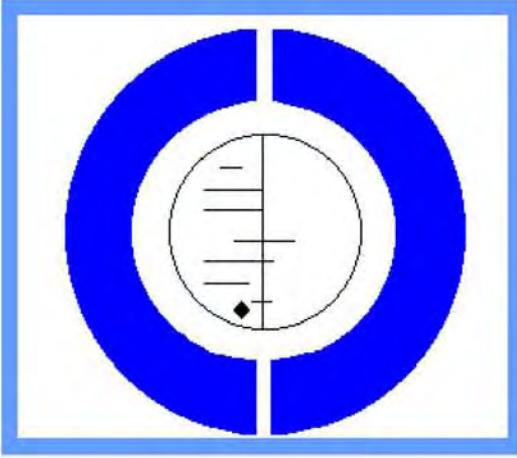
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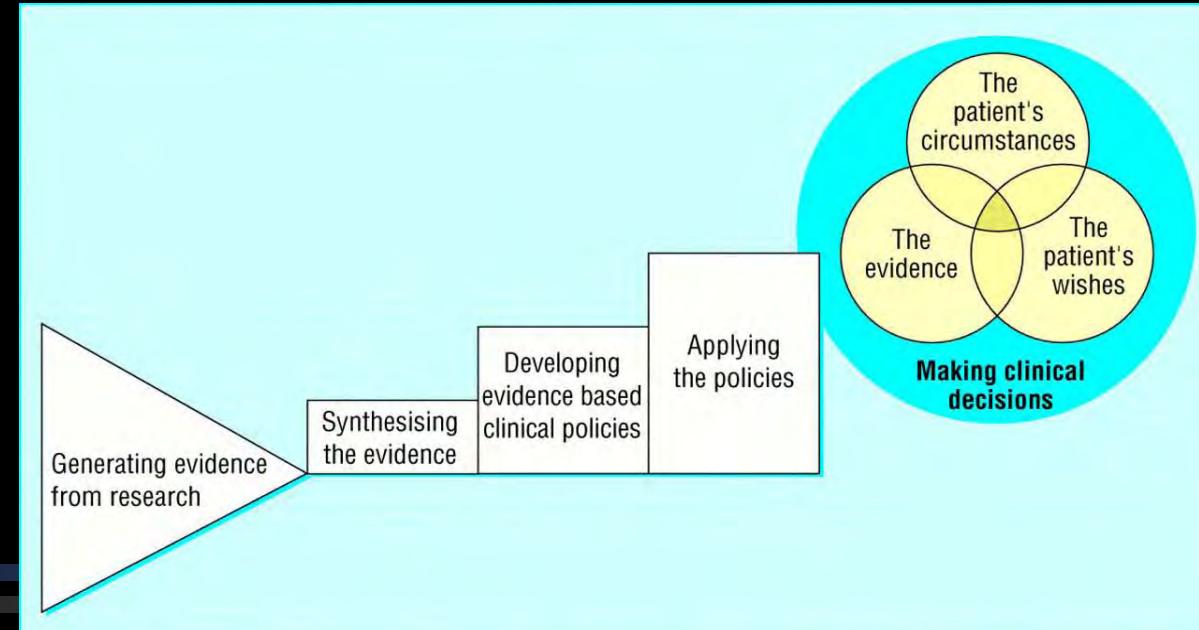
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Hvordan utøve evidens-basert praksis?

3. Akseptere og anvende kliniske retningslinjer som er baserte på evidens-baserte prinsipper



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SMM-rapport Nr. 10/2003
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Evidensbaserad TANDVÅRD
SBU SBT

NY RAPPORT

Behov av utvärdering i tandvården

SBU - STATENS BEREDNING FÖR MEDICINSK UTVÄRDING

Wisdom tooth extractions

Why do you
remove/retain
"wisdom teeth"?

A question of prognosis



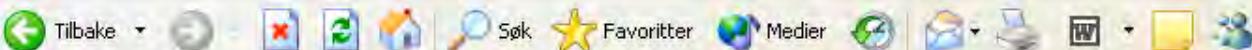


How many reports related to wisdom tooth extraction and prognosis can be identified?





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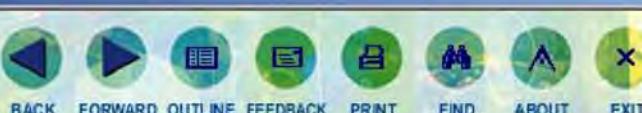
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Pasientspesifikke problemer

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Handicappede pasienter	[Globalt]	[FDI]		

Year	Original title	Type	Country	Source	Publish	Authors	http	ISDN	topic
2002	The removal of impacted third molars. Position paper of the South African Society of Maxillofacial and Oral Surgeons	Statement	South Africa	South African Society of Maxillofacial and Oral Surgeons.	SADJ 2002; 57(10):399-403	Erasmus F; South African Society of Maxillofacial and Oral Surgeons.	Abstract Medline		surgery
2001	Guidelines in Oral and Maxillofacial Surgery	Guidelines	United Kingdom	BAOMS, The British Association of Oral and Maxillofacial Surgeons	Faculty of Dental Surgery of the Royal College of Surgeons of England		BAOMS		surgery
2001	Position paper: Tissue Banking of Bone Allografts Used in Periodontal Regeneration	Review and Guidelines	USA	AAP, American Academy of Periodontology	J Periodontol 2001; 72: 834-838	Research, Science and Therapy Committee of the American Academy of Periodontology	AAP		periodo surgery
2001	Weisheitszahnextraktion [Wisdom tooth extractions]	Guidelines and Statement	Germany/Deutschland	DGZMK, Deutsche Gesellschaft für Zahn-, Mund- und Kieferheilkunde	Dtsch Zahnärztl Z 2001; 56 (8):	Strietzel FP, Neukam FW, Hirschfelder U, Reichart PA	DGZMK, Deutsche Gesellschaft für Zahn-, Mund- und Kieferheilkunde		surgery
2000	Management of Unerupted and Impacted Third Molar Teeth	Guidelines	Scotland	Scottish Intercollegiate Guidelines Network (SIGN)	SIGN Publication 43		SIGN		surgery
2000	Guidelines for anxiety control and pain management in oral and maxillofacial surgery	Guidelines	USA	American Association of Oral and Maxillofacial Surgery	J Oral Maxillofac Surg 2000; 58 (10 Suppl 2): 4-7	Zuniga JR	J Oral Maxillofac Surg		neuro psychol surgery
2000	International Research Group on Reconstructive Preprosthetic Surgery, Consensus report	Review and Guidelines	USA	International Research Group on Reconstructive Preprosthetic Surgery	Int J Oral Maxillofac Surg 2000; 29 (3): 159-62		OVID		surgery
2000	The effectiveness and cost-effectiveness of prophylactic removal of wisdom teeth	Review and Guidelines	United Kingdom	NHS Centre for Reviews and Dissemination, University of York, UK	Health Technology Assessment 2000; Vol 4, No. 15	Song F, O'Meara S, Wilson P, Kleijnen J, Golder S	NHS C&D		surgery
2000	Guidance on the removal of wisdom teeth	Guidelines	United Kingdom	NICE, National Institute for Clinical Excellence, UK	NICE 2000/003a Issued: 27 March 2000	Song F, O'Meara S, Wilson P, Kleijnen J, Golder S	NICE		surgery
2000	Verwendung von	Guidelines	Germany/Deutschland	DGZMK, Deutsche		Terheyden H	DGZMK, Deutsche		infectio



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- Single dose dihydrocodeine for acute postoperative pain.
- Single dose oral aspirin for acute pain.
- Single dose oral ibuprofen and diclofenac for postoperative pain.
- Single dose paracetamol (acetaminophen), with and without codeine, for postoperative pain.
- Single dose piroxicam for acute postoperative pain.

► Protocols (3 out of 1136)

- Antibiotics to prevent complications following tooth extractions.
- Fluoride rinses for preventing dental caries in children and adolescents.
- New** Interventions for treating trouble-free impacted wisdom teeth in adults.

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► The Cochrane Methodology Register (CMR) (0 out of 4002)

[Send a comment about this protocol](#)**INTERVENTIONS FOR TREATING TROUBLE-FREE IMPACTED WISDOM TEETH IN ADULTS****(Protocol)**

van der Sanden WJM, Mettes TG, Verdonschot EH, van't Hof MA, Nienhuijs M, Plasschaert AJM

Date of most recent substantive update: 24 April 2002

This protocol should be cited as: van der Sanden WJM, Mettes TG, Verdonschot EH, van't Hof MA, Nienhuijs M, Plasschaert AJM. Interventions for treating trouble-free impacted wisdom teeth in adults (Protocol for a Cochrane Review). In: The Cochrane Library, Issue 4, 2002. Oxford: Update Software

BACKGROUND

Wisdom teeth or third molars generally erupt into the mouth between the ages of 17 to 24 years ([Garcia 1989](#); [Hugoson 1988](#)). More than other teeth, wisdom teeth often fail to erupt or erupt only partially ([Hugoson 1988](#)). Impaction occurs where complete

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- Prophylactic Removal of Impacted Third Molars; is it Justified? (Provisional record).
- The effectiveness and cost-effectiveness of prophylactic removal of wisdom teeth (Provisional record).
- The effectiveness of acupuncture in treating acute dental pain: a systematic review (Structured abstract).
- The use of acupuncture in dentistry: a systematic review (Structured abstract).

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► Health technology assessment database (HTA) (3 out of 2838) 

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- The effectiveness and cost-effectiveness of prophylactic removal of wisdom teeth.

► NHS Economic evaluation database (NHS EED) (0 out of 10255)

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INTERVENTIONS FOR TREATING TROUBLE-FREE IMPACTED WISDOM TEETH IN ADULTS

(Protocol)

van der Sanden WJM, Mettes TG, Verdonschot EH, van't Hof MA, Nienhuijs M, Plasschaert AJM

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BACKGROUND

Wisdom teeth or third molars generally erupt into the mouth between the ages of 17 to 24 years ([Garcia 1989](#); [Hugoson 1988](#)). More than other teeth, wisdom teeth often fail to erupt or erupt only partially ([Hugoson 1988](#)). Impaction occurs where complete eruption into a normal functional position of a tooth is


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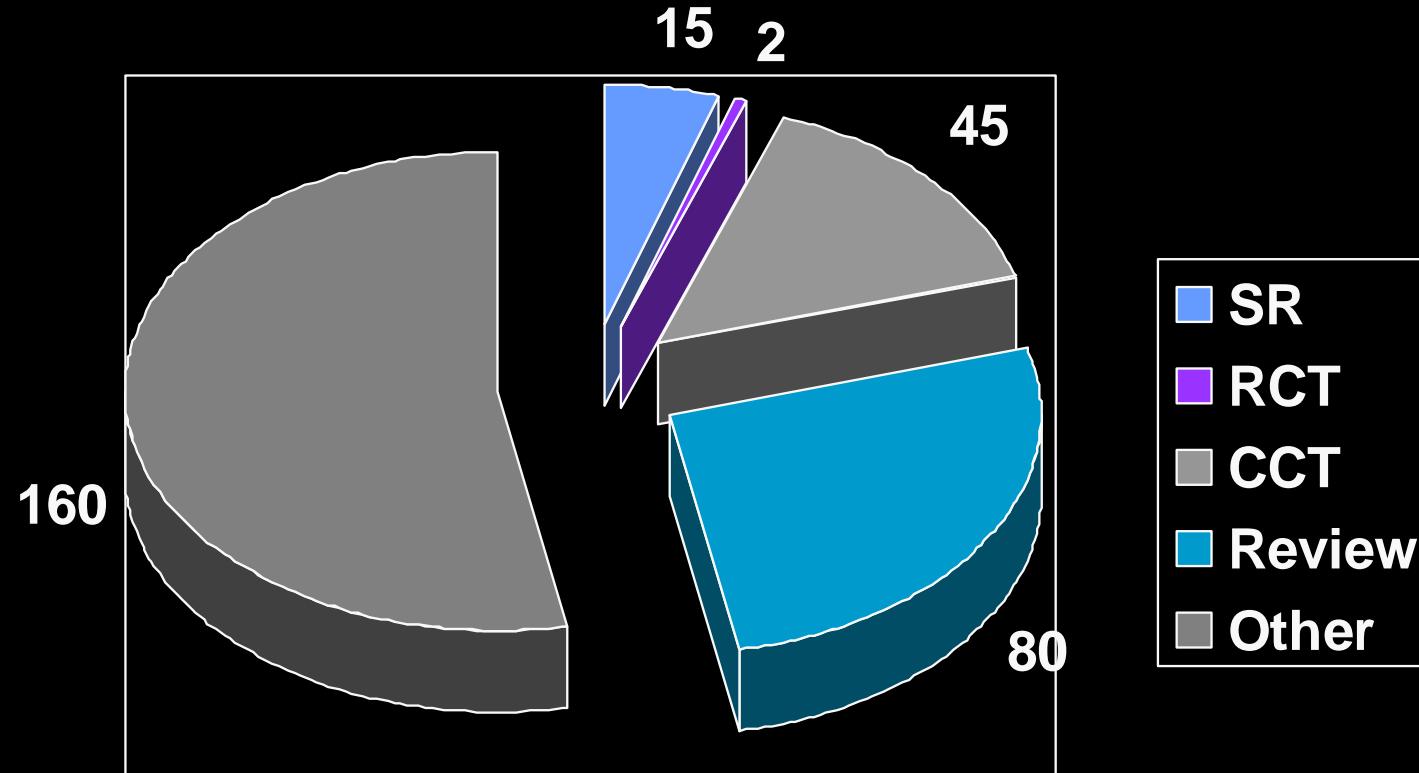
Molar, Third [MH]

Go Clear

N=17 vs. N=280 vs. N=27

How many reports related to the topic can be identified?

How are these approximately 300 reports characterized according to study design?





How many reports related to the topic can be identified?

How can these reports be characterized. Which study design? How many reports are included within each category?

What is the methodological scientific quality of these reports?

How many reports can be excluded due to questionable methodological validity?



Prognosis

- An inception cohort of persons, all initially free of the outcome of interest
- Follow-up of at least 80 per cent of patients until the occurrence of either a major study criteria or the end of the study
- A statistical analysis consistent with the study design.



The British Association of Oral and Maxillofacial Surgeons

1995

Audit BAOMS Clinicians Education FAQ Home Information Journal Links Patients Sitemap Website

Guidelines

[BAOMS](#) | [Co-ordinators](#) | [Downloads](#) | [E-mail](#) | [Guidelines](#) | [Home](#) | [Links](#) | [Newsletter](#) | [Outcomes](#) | [Projects](#)

This area contains links to guidelines produced by BAOMS and other related specialties

[Association of Dental Implantology](#)

[British Association of Dermatologists](#)

[British Association of Otorhinolaryngologists Head and Neck Surgeons](#)

[British Association of Oral and Maxillofacial Surgeons](#)

[Royal College of Pathologists](#)

[Association of Dental Implantology](#)

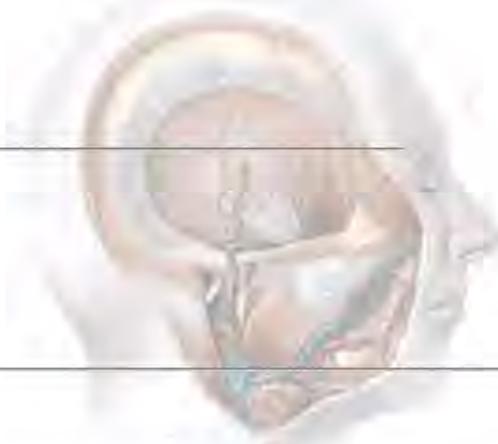
[Implants](#)

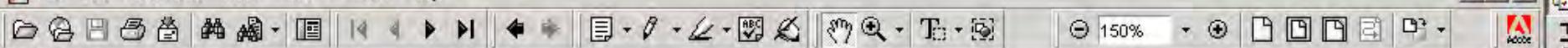
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[British Association of Dermatologists](#)

Basal Cell Carcinoma Guidelines [!\[\]\(9f2eb39b5cb6ca001ddfe685f3184b1d_img.jpg\)](#)

[Top of Page](#)





Agence Nationale
d'Accréditation et
d'évaluation en Santé

1997

**INDICATIONS ET NON-INDICATIONS
DE L'AVULSION DES TROISIÈMES MOLAIRES MANDIBULAIRES**

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III.	Variations de pratiques.....	13

<http://www.sign.ac.uk/pdf/sign43.pdf> - Microsoft Internet Explorer

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SIGN Publication No. 43
Key to evidence statement
Contents
Guideline development
Notes for users of the guideline
Summary of recommendations
1 Introduction
2 Advisability of removal
3 Indications for removal
4 Assessment and referral
5 Clinical management
6 Recommendations for clinical practice
Annexes
References
Quick Reference Guide

Thumbnail Comments Signatures

2000





Management of Unerupted and Impacted Third Molar Teeth

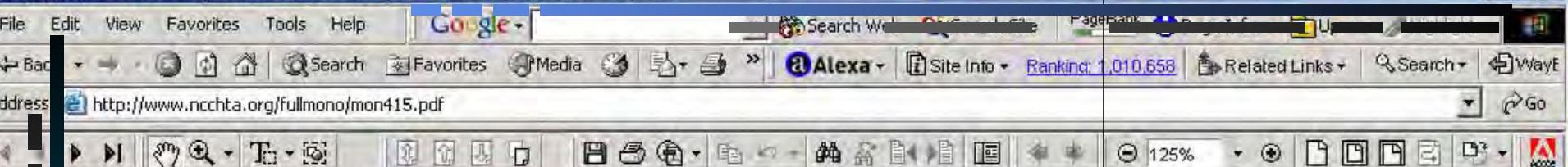
A National Clinical Guideline

please note: 25.04.2000 14:53:06

This guideline was issued in 2000 and will be reviewed in 2002 or sooner if new evidence becomes available. Any updates to the guideline in the interim period will be noted on the SIGN website. Comments are invited to assist the review process. All correspondence and requests for

1 of 36 8,26 x 11,69 in





Nhs hta

Health Technology Assessment

- NHS R&D HTA Program
- Contents
- List of abbreviations
- Executive summary
- Chapter 1 - Background
 - Introduction
 - Impacted third molar
 - Pathological changes
 - Complications and i
- Chapter 2 - Aims and n
 - Aims
 - Methods
- Chapter 3 - Results
 - Included studies
 - Excluded studies
 - Results from RCTs
 - Results from literatu
 - Decision analyses f
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Health Technology Assessment 2000; Vol. 4, No. 15

Rapid review

The effectiveness and cost-effectiveness of prophylactic removal of wisdom teeth

F Song
S O'Meara
P Wilson
S Golder
J Kleijnen

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16.05.2001 12.07.12

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WISSENSCHAFTLICHE STELLUNGNAHME

Deutsche Gesellschaft für Zahn- Mund- und Kieferheilkunde



2001

gegr. 1859

Indikationen zur operativen Weisheitszahnentfernung

Operative Weisheitszahnentfernungen gehören zu den häufigsten dentoalveolären operativen Eingriffen, die in der zahnärztlichen Praxis ambulant durchgeführt werden. Die Inzidenz retinierter unterer Weisheitszähne liegt bei etwa 84 % im Alter von 20 Jahren [23].

Als Retention eines Zahnes ist das Nicht-Erreichen der Okklusionsebene nach Abschluß seines Wurzelwachstums definiert. Partiell retinierte Zähne perforieren mit einem Kronenanteil die Schleimhaut. Komplett retinierte Zähne haben keinerlei Verbindung zur Mundhöhle. Impaktierte Zähne sind vollständig von Knochen umgeben. Unter einer Zahnverlagerung oder Aberration ist die Keimverlagerung oder das Abweichen eines Zahnes von seiner regelrechten Durchbruchsrichtung zu verstehen. Die Impaktion des unteren Weisheitszahnes ist meist verursacht durch Platzmangel, mangelhaftes Skelettwachstum, distalen Durchbruch der Bezahlung, vertikales Wachstum des Kondylus, eine große Kronendimension und die verspätete Reifung des unteren Weisheitszahnes. Platzmangel, Durchbruchshindernisse oder die verspätete Reifung sind meist ursächlich für Retentionen oberer Weisheitszähne, allerdings verursachen sie durch die Möglichkeit des Durchbruches nach bukkal oder distal, in seltenen Fällen auch in die Kieferhöhle, weniger häufig Beschwerden. Viele retinierte oder impaktierte Weisheitszähne werden zufällig anlässlich der Anfertigung von Panoramabildaufnahmen entdeckt.

Bei der Erhebung des Ausgangsbefundes sind neben den Ergebnissen der üblichen klinischen und röntgenologischen Untersuchungen insbesondere bereits vorhandene Sensibilitätsstörungen,



Selection of papers

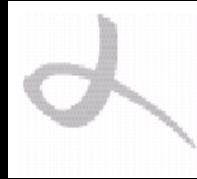
The logo for DGZMK (Deutsche Gesellschaft für Zahnärztliche Medizin und Konservierung) features a stylized caduceus symbol inside a blue circle, with the acronym "DGZMK" below it.	DGZMK, Germany, 2001	23	SRs + Clinic trials
The logo for the NHS Centre for Reviews and Dissemination features a purple square with the text "NHS CENTRE FOR REVIEWS AND DISSEMINATION" and a small emblem at the bottom.	NHS R&D, UK, 2000	52	RCTs + Reviews
The logo for SIGN (Scottish Intercollegiate Guidelines Network) features a yellow square with a white stylized heart or flower design, with the acronym "SIGN" below it.	SIGN, Scotland, 2000	64	RCTs + CCTs
The logo for ANAES (Agence Nationale d'Accréditation et d'Evaluation en Santé) features a grey square with a stylized ribbon or scroll design.	ANAES, France, 1997	77	CCTs + Clinic trials
The logo for BAOMS (British Association of Oral and Maxillofacial Surgeons) features a white square with a heraldic crest containing a shield and a crown.	BAOMS, UK, 1995	60	CCTs + Clinic trials



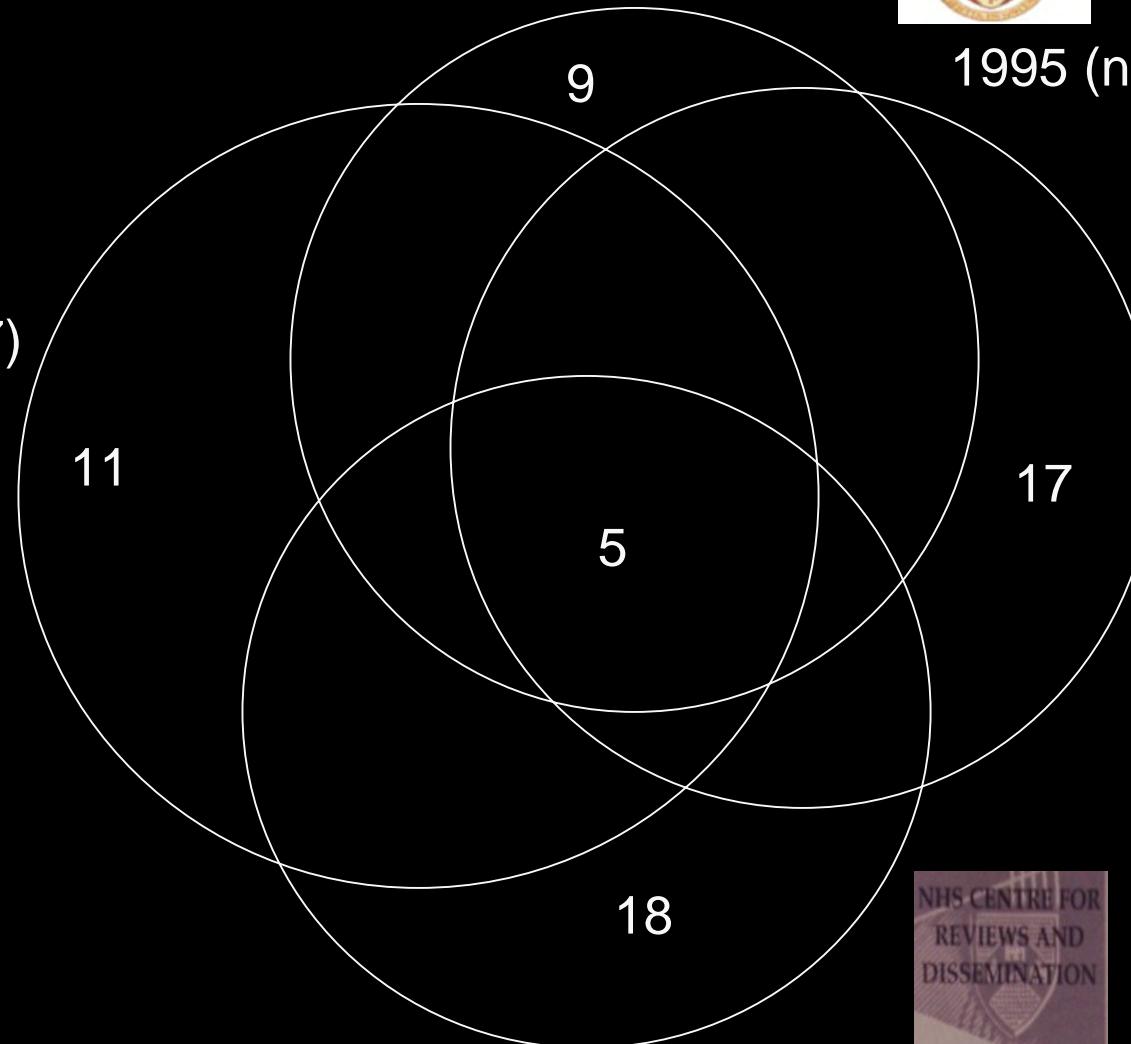
(total: n=171)



1995 (n=60)



1997 (n=77)



SIGN
2000
(n=64)



2000 (n=52)

USA

1979: NIH
Consensus dev.
Conference for
removal of third
molars

1995: Am.Acad.Oral Med.Surg.
Parameters of Care

1993: Am.Acad.Or.Med.Surg.
Workshop on the managem. of
patients with third molar teeth

1991 Am.Acad.Oral Med.Surg
Parameters of Care

2000: SIGN
Guidelines

1980

1990

2000

1995: Br. Assoc.Oral Med. Surg. Pilot Clinical Guidelines

1996: NHS R&D. National guidelines

Sept 1997: FacDentSurg RoyCollSurg(Eng)

1998: Effectiveness Matters 3(2)

2000: NHS R&D HTA Programme

2000: NICE
Guidelines

Community Dent Oral Epidemiol 2001; 29: 308-14
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COMMUNITY DENTISTRY AND ORAL EPIDEMIOLOGY
ISSN 0301-5661

Dentists' decisions on prophylactic removal of mandibular third molars: a 10-year follow-up study

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Knutsson K, Lysell L, Rohlin M: Dentists' decisions on prophylactic removal of mandibular third molars: a 10-year follow-up study. Community Dent Oral Epidemiol 2001; 29: 308-14. © Munksgaard, 2001

Abstract – Objectives: In recent years, several critical outcome studies concerning the prophylactic removal of mandibular third molars have been published. These would appear to motivate a more restrictive approach today as compared with 10 years ago. The aim of the present study was to examine dentists' decisions on the prophylactic removal of impacted mandibular third molars over a 10-year period. **Methods:** Thirty-six cases were selected so as to represent an equal distribution.

Conclusion: In the decisions on prophylactic removal of mandibular third molars, there has been no change over the last 10 years towards a more non-interventionist attitude. Thus, the dentists seem not to have been influenced by the evidence that this intervention is not cost-effective.

Presented a considerable interindividual variation in removal rate, between 0 and 22 molars on the first occasion and between 0 and 25 molars on the second occasion. **Conclusion:** In the decisions on prophylactic removal of mandibular third molars, there has been no change over the last 10 years towards a more non-interventionist attitude. Thus, the dentists seem not to have been influenced by the evidence that this intervention is not cost-effective.

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Submitted 19 November 1999;
accepted 8 November 2000



We have learned:

Systematic reviews and guidelines are not necessarily known to the community of dental practitioners

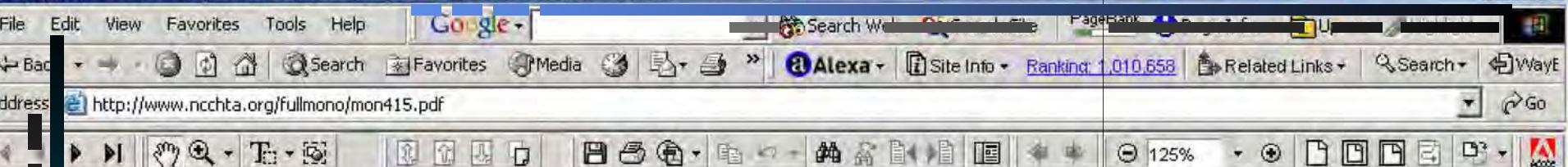


Who's responsibility
to disseminate new
research findings to
the community of
dental practitioners?



Who's responsibility for
disseminating new
research findings to the
community of (dental)
practitioners?

... and verify its
implementation?



Health Technology Assessment 2000; Vol. 4: No. 15

Rapid review

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S Golder
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25 November 2002

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NICE issues Guidance to the NHS on the removal of Wisdom Teeth

Ref NICE 2000/003a Issued: 27 March 2000

NICE have today issued to the NHS their [guidance](#) on the removal of wisdom teeth. The guidance has been sent to all dentists in England and Wales and to NHS Management and concludes that:

- The routine practice of prophylactic removal of pathology-free impacted third molars should be discontinued in the NHS.
- The standard routine programme of dental care by dental practitioners and/or paraprofessional staff, need be no different, in general, for pathology free impacted third molars (those requiring no additional investigations or procedures).
- Surgical removal of impacted third molars should be limited to patients with evidence of pathology. Such pathology includes unrestorable caries, non-treatable pulpal and/or periapical pathology, cellulitis, abscess and osteomyelitis, internal/external resorption of the tooth or adjacent teeth, fracture of tooth, disease of follicle including cyst/tumour, tooth/teeth impeding surgery or reconstructive jaw surgery, and when a tooth is involved in or within the field of tumour resection.
- Specific attention is drawn to plaque formation and pericoronitis. Plaque formation is a risk factor but is not in itself an indication for surgery. The degree to which the severity or recurrence rate of pericoronitis should influence the decision for surgical removal of a third molar remains unclear. The evidence suggests that a first episode of pericoronitis, unless particularly severe, should not be considered an indication for surgery. Second or subsequent episodes should be considered the appropriate indication for surgery.

The guidance has been supported by the Chief Dental Officers for both England and Wales who have written to all NHS dentists asking them to revise their practice.

Related Topics:

- Wisdom teeth - removal (NO 1) (in: Technology Appraisals → Completed Appraisals)
- Press releases 2000 (in: Press Office → Press releases)

Welcome to NICE

- NICE set to launch new e-newsletter
- Preferred ways to use electronic communications with NICE
- Principles of the Quality Assurance Process for Guidance Documents
- Appraisal Consultation Document: Review: The clinical effectiveness and cost effectiveness of glitazones for the treatment of type 2 diabetes
- 2002/061 First meeting of NICE Citizens Council will discuss clinical need
- Recruitment of Interventional Procedures Project Manager
- Compilation Issue 5
- First public report of NICE-funded Myocardial Infarction





Guideline Library

New Zealand Guidelines Ministry of Health Guidelines Guidelines for New Zealand Adaptation

New Zealand Guidelines - Completed

Anesthesiology

Evidence Based

A Guideline to Assist in the Management of Those Patients Known, or Thought, to be at Risk of Suffering Allergy to Latex-containing Products
[added in Jan 1999]

Cardiology

Evidence Based

Guidelines for the Management of Mildly Raised Blood Pressure in New Zealand
[added in Feb 1999]

National Heart Foundation: Chronic Heart Failure

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Tools for Guideline Development and Evaluation

Guideline Development in New Zealand

NZ Evidence-based

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NZ Evidence-based



Scottish Intercollegiate Guidelines Network

Grading System for Recommendations in Evidence-Based Clinical Guidelines

Report of a review of the system for grading recommendations in SIGN guidelines

March 2000



www.guidelines-int.net

Homepage

WELCOME TO GUIDELINES-INTERNATIONAL.NET
The website of the Guidelines International Network

The Guidelines International Network (G-I-N) is a major new international initiative involving organisations world-wide. G-I-N seeks to improve the quality of health care by promoting systematic development of clinical guidelines and their application into practice.

APPRAISAL OF GUIDELINES FOR RESEARCH & EVALUATION (AGREE) INSTRUMENT

At any time, some general details about the network. If you have any queries or comments, please

The AGREE Collaboration

September 2001



AGREE



www.agreecollaboration.org



Takk
for
oppmerksomheten!